

# Good Neighbor Kit List

The following list includes all of the items that must be provided in a GOOD NEIGHBOR KIT based on government regulations. Try to get as many used (but in good condition) items as possible.

You can provide the full kit or choose 2 to 5 categories of items:

### Kitchen Items

- Dishes and bowls for 8\*
- Silverware for 8\*
- Drinking glasses for 8\*
- 1 set of mixing bowls
- 1 set of pots and frying pans
- 1 set of cooking utensils, including measuring cups and spoons
- Sharp knives
- 1-2 baking pans
- 2 rolls of plastic wrap
- 2 rolls of aluminum foil
- 1 manual can opener
- 1 medium to large cutting board
- 3 sets of kitchen towels and dishcloths
- 1 bottle of dishwashing soap
- 2 sponges with scrubbing side
- 1 Tall kitchen trash can and trash bags

### Bedroom Items

- 4 warm blankets\*
- 4 sets of sheets, including pillow cases\*
- 4 pillows\*
- 1 clock with alarm (even better if it has radio)

### Bathroom Items

- 4 towel sets (including bath towel, hand towel, and wash cloth)\*
- 1 Shower curtain and hooks
- 4 bars of hand/body soap\*
- 2 bottles of shampoo\*
- 4 toothbrushes\*
- 2 tubes of toothpaste\*
- 1 box of feminine supplies\*
- 6 disposable razors
- 4 rolls of toilet paper\*
- 1 bottle of hand lotion\*
- 1 Small trash basket
- 2 deodorants

### Cleaning Items

- 1 can of scouring powder
- 1 Toilet brush
- 1 box/bottle of Laundry detergent
- 1 broom and dustpan
- 1 bottle of all purpose cleaning spray
- 2 rolls of paper towels

### Miscellaneous Items

- 1 pad of paper
- 5 pens/pencils
- 2 light bulbs
- 25 hangers\*
- 1 plastic laundry basket
- 1-2 electric fans (window

- box fans are best)
- 1 current calendar
- Diapers (if there is a baby)

### Optional Items - Not Mandatory

- 1 mop
- 1 bucket
- Batteries for electronics
- Plunger, if one is not present
- Roach motels/plastic traps (not spray)
- Crib if there is a baby (ask us first)
- Stroller if there is a baby or toddler
- 1 small tool kit

The quantities have been designated for a family of four. If you will be welcoming a larer or smaller family, appropriately modify the quantity of those items marked with an asterisk (\*).

## Food for a Week List

**Please take into consideration the size of the family when buying the food, especially the fruits, vegetables and meat. The follow quantities have been designated for a family of four. Information about the size of the family will be given when you commit to a specific family.**

5 lbs. of Sugar	10 lbs. of rice
10 lbs. of Flour	2-3 types of fresh fruit
5 lbs. of Onions	2-3 kinds of fresh vegetables
6 cloves of garlic	2 packages of chicken
1 gallon of cooking oil	1 Gallon of Milk
1 box of salt	2 Cartons of Fruit Juice
1 can of black pepper	2 loaves of bread
1 box of teabags	1 dozen eggs
1 jar of instant coffee	Some chocolate

Anything extra is great!  
**(\*but nothing with pork for Muslims and no meat for Hindus)**

WORLD RELIEF CHICAGO/ 3507 W. LAWRENCE, CHICAGO, IL 60625

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