

South Park Church Family,

We are called to be the hands and feet of Jesus. That includes being prepared and protecting and caring for those in our community. In addition, we are responsible for continued communication regarding the current status of the coronavirus in our church community.


## **PREPAREDNESS PLAN AND CURRENT RECOMMENDATIONS**

We have a leadership team that is monitoring updates from the Centers for Disease Control and Prevention (CDC).

- **There are NO reported cases of coronavirus connected to our ministries at this time.**
- We have formulated a preparedness plan. This plan will change and adjust based on the updates we receive. Currently, we are following the CDC's guidelines and recommendations on the steps we can take to help prevent the spread of the virus.
- **We are committed to maintaining Sunday services and our weekly ministries as long as we are able to.**
- We are limiting additional gatherings outside of our normally scheduled ministries. This includes Friday's Middle School "Midnight Madness."
- As an added level of caution, there will be no food or drinks served at any ministry.
- We have shared specific instructions with our employees on the importance of washing their hands, wiping down their desks, and staying home if they feel sick.
- We are in the process of adding an additional day of professional cleaning to our building schedule and our operations team and ministry leaders are actively cleaning and sanitizing high touch places in the buildings.
- When we have a time of greeting and fellowship before and after services, we recommend you greet each other with smiles and waves instead of handshakes and hugs.
- If you find yourself feeling sick, we encourage you to join us digitally on our app, website or Facebook. We stream live at 9:15 & 10:45 a.m. on Sundays.

**OUR PROMISE TO COMMUNICATE WITH YOU:**

We will communicate in a number of ways:

- E-mail (if you aren't receiving our emails, email [info@southparkchurch.org](mailto:info@southparkchurch.org) to make sure we have your correct email).
- Through the SPC App
  - Download the app by texting SPCAPP to 77977
  - Make sure to allow SPC to send you notifications.
  - When you receive one, click on it to open the app for the full text.
  - Each time you open the app click  at the bottom of the screen.
  - You can find your notification inbox and any updates through the directions at the top of the app home page.
- Online at [www.southparkchurch.org/coronavirus](http://www.southparkchurch.org/coronavirus)
- By an automated message available at 847-825-5507, press 4.
- Automated phone calls to those for whom technology is limited.

### **OUR REQUEST FOR YOU TO COMMUNICATE WITH US:**

It is possible someone in our community will come in contact with someone that has been diagnosed with CoVid-19. If you have been exposed or diagnosed, you can self-report your exposure to allow us to care for you and take action to limit the chance of spreading CoVid-19

- Call your doctor immediately before seeking care and follow their recommendations
- Leave a voicemail or send a text message to our wellness line at 224-585-9515. (This line is active 24/7 to allow for timely action and communication.)
  - It is not necessary to leave your name. If you do, it will be kept confidential and only used by our wellness team when communicating with the local or state health departments.
  - Tell us the date when you were exposed or began quarantine
  - Let us know if you are experiencing symptoms
  - Tell us the date of the last time you were present in the building
  - If you would like our care team or a pastor to contact you, leave a number where you can be reached.

### **CARING FOR OUR CONGREGATION AND COMMUNITY:**

In the event that someone in our congregation/community is under quarantine at home, we are putting together a team that can help with tangible needs such as making phone calls/prayer, dropping off groceries or other necessities,

and bringing fun/engaging activities for children who may be quarantined at home.

- [Visit this form](#) to let us know how you can help and to donate to the Care Fund.
- If you have other ideas of how we can help, please indicate that on the survey or email [info@southparkchurch.org](mailto:info@southparkchurch.org)
- In addition, we encourage you to look for opportunities to serve your neighbors.
- To contribute to the care fund, give through the app or log on to [www.southparkchurch.org/give](http://www.southparkchurch.org/give). Make sure to click on “Give one time” and “CARE (Brotherhood)” under the fund drop down.

## **GOOD SOURCES OF INFORMATION**

We encourage you to take some time to understand proper prevention measures to avoid spreading the virus. Reading everything only increases anxiety.

Here are some of the basic measures listed on the CDC website:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if your hands are visibly dirty.
- The following is a reliable list of links for educational, planning, and coping tools:
  - [CDC on COVID-19: The US Center for Disease Control's up-to-date resources on by reading through the CDC recommendations here.](#)
  - [Illinois Department of Public Health](#)

- Managing Anxiety Around Coronavirus Coverage.
- Prayer/Wellness/Spiritual Health from Pastor Eric

“Therefore I tell you, **do not worry about your life**, what you will eat or drink; **or about your body**, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?” Matthew 6:25-27